



# Natural Herbal Body Solutions

## Bodywork Intake Form

Welcome! We would like for you to take time to answer a few questions so that we can better serve your needs. Please let us know if you have any questions.

Occupation \_\_\_\_\_  
Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_  
Phone (H) \_\_\_\_\_ (CP) \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Relationship \_\_\_\_\_

**May we send you:** Reminders \_\_\_\_\_ Specials \_\_\_\_\_ **via:** Email \_\_\_\_\_ Text/SMS \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Have you had any recent accidents or injuries? \_\_\_\_\_

Are you currently seeing a healthcare professional for any current or ongoing treatment?

No /Yes If yes, please list reason for treatment \_\_\_\_\_

Are you currently taking any medications? \_\_\_ If yes, please list name and reason for medications:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please review this list and check those conditions that have affected your health either recently or in the past. Place a check mark next to the condition.

- |   |   |
|---|---|
| <input type="checkbox"/> arthritis                | <input type="checkbox"/> depression, panic disorder, other psychological conditions |
| <input type="checkbox"/> diabetes                 | <input type="checkbox"/> diverticulitis   |
| <input type="checkbox"/> blood clots              | <input type="checkbox"/> headaches  |
| <input type="checkbox"/> broken/dislocated bones  | <input type="checkbox"/> heart conditions   |
| <input type="checkbox"/> bruise easily            | <input type="checkbox"/> back problems  |
| <input type="checkbox"/> cancer                   | <input type="checkbox"/> high blood pressure  |
| <input type="checkbox"/> chronic pain             | <input type="checkbox"/> insomnia   |
| <input type="checkbox"/> constipation/diarrhea    | <input type="checkbox"/> muscle strain/sprain                                       |
| <input type="checkbox"/> autoimmune condition*    | <input type="checkbox"/> pregnancy  |
| <input type="checkbox"/> hepatitis (A,B,C, other) | <input type="checkbox"/> scoliosis  |
| <input type="checkbox"/> skin conditions          | <input type="checkbox"/> seizures   |
| <input type="checkbox"/> stroke                   | <input type="checkbox"/> whiplash   |
| <input type="checkbox"/> surgery                  | <input type="checkbox"/> chemical dependency  |
| <input type="checkbox"/> TMJ disorder             |   |

(\*AIDS, Fibromyalgia, chronic fatigue, lupus, etc.)

If any of the above needs to be detailed or if there is anything else to share, please do so:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Clients Name: \_\_\_\_\_

Do you have any of the following today:

skin rash \_\_\_\_ cold/flu \_\_\_\_ open cuts \_\_\_\_ severe pain \_\_\_\_ injuries/bruises \_\_\_\_ anything contagious \_\_\_\_

Do you have any allergies to?

medications \_\_\_\_ foods (nuts, etc.) \_\_\_\_ - environmental allergens (dust, pollen fragrances) \_\_\_\_  
**reactions to skin care products, topical creams/oils, or essential oils** \_\_\_\_\_

If any of the above are checked, please give details:

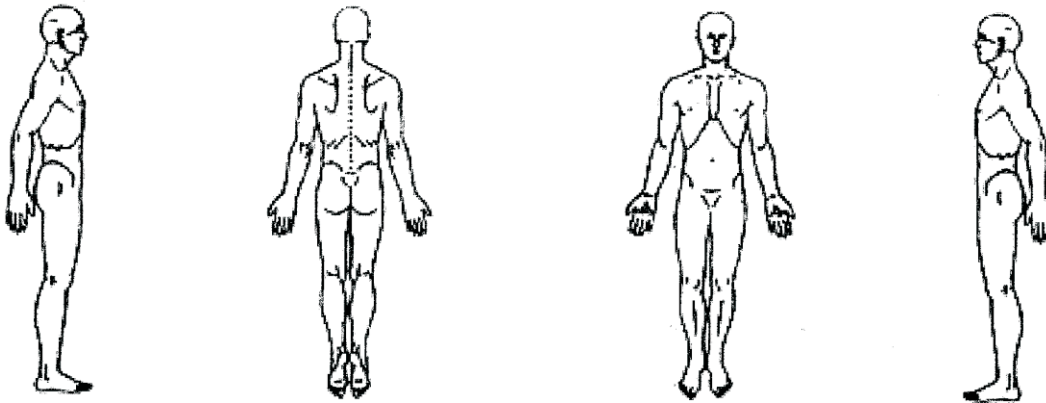
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Are you wearing: \_\_\_ contact lenses \_\_\_ hearing aid \_\_\_ hair piece \_\_\_\_\_

Please indicate with an (X), if any, the areas in which you are feeling discomfort:



What are your goals/expectations for this session? \_\_\_\_\_

The following sometimes occurs during a session. They are normal responses to relaxation. Trust your body to express what it needs to can include: need to move or change position; sighing, yawning, change in breathing; stomach gurgling; emotional feelings and/or expression movement of intestinal gas; energy shifts; falling asleep and memories.

Please read the following information and sign below:

1. I understand that although a session can be very therapeutic, relaxing and reduce muscular tension, it is not a substitute for medical examination, diagnosis and treatment.
2. This is a therapeutic session and any sexual remarks or advances will terminate the session and I will be liable for payment of the scheduled treatment.
3. Being that a session should not be done under certain medical conditions, I affirm that, I have answered all questions pertaining to medical conditions truthfully.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Confidential

www.NaturalHerbalBodySolutions.com